## SOLIS

## DINNER MENU

ENTREES (Entrees can be served as main size on request)

# Solis Wood Roasted Scallops, Squid \& Chorizo - Signature dish <br> Capsicum I pine nuts I okra I tomato, chili \& smoked paprika sauce I garlic bread 

Classic Lobster Bisque 37
Yasawa lobster bisque I local seafood I brandy butter I saffron rouille I garlic bread
Braised Vuda Pork Belly \& Sea Scallops - Signature dish
Caramelized \& tempura pork belly I pineapple \& apple jam I balsamic apple I caramel chili pineapple salsa

Local Kokoda - Signature dish
A traditional Fijian delicacy - Marinated local fish I coconut cream I dalo chips

## Salmon Gravlax

Avocado I New Zealand green apple I garden cherry tomato I rocket salad I lemon gel I goat cheese espuma

Fresh Yellowfin Tuna 38
Sashimi soya sauce I ginger \& wasabi
Tempura Tofu Salad - V/GL/VG
Shaved fennel I pickled organic vegetables I crispy shallot I soy broth
Truffle Honey Glazed Mushroom - V/VG/DF/GF
Spring Salad | Fresh Strawberry | Peach | Aged Balsamic Dressing

Thank you for being an Accor Plus Member. In line with you dining benefits, you will receive the following discounts off your food bill:

- $25 \%$ off when $1 x$ adult dining
- $50 \%$ off when $2 x$ adult dining
- $33 \%$ off when $3 x$ adult dining
- $25 \%$ off when $4 x$ adult dining
** Note discounts are not applicable for La Parisienne, Room Service or Suka Bar. Dining discounts are eligible on food bills only and we accept one card per table.

Not yet a member? Sign up to Accor Live Limitless and start saving from today. At Sofitel Fiji Resort \& Spa, we offer 5\% dining discounts for all food in Bazaar Kitchen.

Membership details must be presented in the restaurant to unlock this offer. Use the QR code to register and share your membership details
 with our Outlet Manager.

## SOLIS

## MAINS

Grilled Yellowfin Tuna - Signature dish

Honey spiced pumpkin puree I octopus I peas corn \& chorizo I potato confit I lemon
\& caper cream sauce

Crispy Skin Tasmanian Salmon "Eka Vakalolo"

Ginger \& lemon grass infused coconut lola I water prawns I citrus sweet potato I virgin
coconut oil grated coconut \& warm green salad

Local Pan Seared Paka Paka Snapper62

Tempura squid ink prawns I fennel I local spinach I potato puree I sauce verge
Grilled Atlantic Sword Fish Fillet
Beetroot risotto I Carrot infused orange I Lemon butter sauce
Homemade Squid Ink Linguine Pasta - Signature dish ..... 60
Flambéed seafood I Julian vegetables I lobster sauce
Grilled Yasawa Rock Lobster ..... 124

Truffle butter sauce I garlic potato mousseline I steamed vegetable medley tossed in chilli and garlic

## Duo of Local Chicken Breast

67Feta \& leek stuffed ballotine I dry age parmesan polenta I glazed market vegetables I puffed quinoa \& barley I chicken port wine jus

| Meltique Beef Royal - Signature dish | 73 |
| :--- | :--- |
| Braised beef cheek I bone marrow pommes puree I asparagus \& tomato confit I |  |
| ccrispy shallots I truffle jus |  |

## Double Chop of Australian Rack of Lamb

Dhuka crusted rack of lamb I braised lamb neck patty I homemade gnocchi I orange \& anise carrot puree I Provencal ratatouille I mint sauce I lamb jus
Forest Mushroom \& Beetroot Risotto - V/GL/VG ..... 54
Mixed Mushroom I honey baked beetroot I market vegetables pastille I shaved parmesan
Cajun Roasted Cauliflower Steak - V/VG/DF/GF ..... 52
Salsa Verde | Grilled eggplant \& pumpkin | Roasted Almond | Coconut sauce
SIDES ..... 16

Truffle fries
Steamed vegetable medley
Onion rings
Steamed long bean with chili \& onions

## SOLIS

DESSERTS

## Vanilla Mascarpone Sable

Mango puree | chocolate sable | caramel nuts | red berry coulis | lemon gel | red fruit sorbet

## Dark Chocolate Mouse

Crispy cocoa sponge | peanut butter | mango compote | berry sauce | lemon sorbet

## Crispy Meringue Sphere

Italian meringue | lemon butter custard | mint gel | raspberry coulis

## Citrus Crème Brulee

Almond tuile | raspberry ice cream | short bread crumble | burnt marshmallow
NOS FROMAGES ..... 2/35
Our cheese selection is from some of the best regions in France ..... 4/64

## Saint Nectaire

Soft cow, creamy, has a hint of Hazelnut with a fruity aroma, from Puy-de-Dome France, excellent with a Pinot Noir.

## Vieille Mimolette

Hard cow, toasty caramel \& hazelnut, salty \& slightly sweet, refined in Nord Pas De Calais France on pine wood shelves, excellent with a French Malbec or Cabernet Sauvignon

## Saint-Agur

Soft cow, buttery, salty sharp \& spicy, made in the village of Beauzac part of the mountainous Auvergne region of central France, excellent with a Sauternes

## Vieux Pane

Soft cow, with a creamy texture, mild and smooth, slightly bitter after taste, region of Val De Loire France, excellent with a Sauvignon Blanc.

Our Fromages are served with a mix of dried fruits, nuts and a selection of fresh baked baguettes and rolls.


## KIDS MENU

Accor Plus discount does not apply for kids discounted menu)

## Healthy

17 FJD PER ITEM

## Grilled Mini Steak

Grilled beef tenderloin | vegetables | mash and tomato sauce

## Chicken Breast

Slow cooked chicken breast | mash potato | garden salad

## Niu Club Sandwich

Toasted sandwich | lettuce | tomato | ham |

cheese Served with fries or carrots sticks

## Kids Wrap

Garden salad wrap | cheese | add grilled chicken
Served with fries or carrot sticks

## Favourites

17 FJD PER ITEM

## Crumbed Chicken

Served with fries | mixed salad | tomato sauce

## Fish \& Chips

Battered fish served with fries | garden salad | tomato sauce

## My Burger (chicken or beef)

Grilled meat patty | mini milk bun | lettuce | cheese | tomato | aioli Served with fries and tomato sauce

## Mac and Cheese

Macaroni pasta | signature cream sauce | cheese

Niu ''Kidizza"

## Margarita

Tomato base | mozzarella cheese | Napoli sauce

## Pepperoni

Tomato base | mozzarella cheese | pepperoni

## Cheesy Pizza

Tomato base | mozzarella cheese

## Ham and Cheese

Tomato base | honeyed ham | mozzarella cheese

## Hawaiian Pizza

Tomato base | ham | pineapple | mozzarella cheese

## Turtle Pasta Bar



Pasta choose from: Spaghetti | Penne | Macaroni

## Sauces choose from:

Spaghetti Bolognaise | Napoli and cheese | Creamy and cheesy | Ham and cheese | Creamy chicken pesto

## The Heaven

## The Rainbow

Fruit salad with rainbow flavored jellies

## The Ice Cream Bar

(Select any three scoops of ice cream with your choice of topping)
Chocolate, cookie, vanilla, berry

## Topping

Chocolate sauce | strawberry coulis | caramel sauce | chocolate soil | sprinkles |toasted coconut | marshmallows | chocolate chips

## M\&M Marshmallow Brownie

Chocolate brownie | chocolate ice cream | chocolate sauce

15 FJD PER ITEM


